

## The Facts

- Family homelessness is one of the fastest growing segments of the homeless population fueled by lack of affordable housing options and living-wage employment opportunities.
- The cycle of homelessness in the St. Louis community is fueled by a lack of affordable housing options and living-wage employment opportunities.
- The average shelter stay is approximately 48 days, and one chronically homeless person costs the region about \$35,578.

## Our Solution

Our work focuses on transformation.

We stabilize families in crisis through a holistic approach that includes temporary housing, skill development, and a support network of professionals all designed to help them establish sustainable life change. Families enter our program through referrals from domestic violence and emergency shelters, churches, schools or individuals. Through our programs, adults and children address the root cause of their situation, develop critical life skills, learn to navigate everyday situations, and work together to achieve goals.

## Transformational Housing Model



Families in **Humanitri's Transformational Housing Program** focus on building skills in 4 key areas:



**Financial Management**  
Budgeting and saving.



**Household Management**  
Housekeeping and tenant rights and responsibilities.



**Self Management**  
Decision making and problem solving.



**Stress Management**  
Coping skills and self-care.

Research shows increasing skills in these key areas has a positive impact on a family's ability to permanently maintain housing and to succeed in all aspects of their lives. Accountability throughout the process is critical to keeping families focused on the end goal which is sustainable life change that eliminates the cycle of poverty and instability for themselves and future generations.

## OUR IMPACT

**80%** of families exited to **permanent, sustainable housing.**



**93%** of families **improved their financial position.**

